



Biochemical Analyzer and Ultra violet visible Spectrophotometer used for the estimation Guaifenesin and Theophylline in blood samples

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Abstract

Guaifenesin (GU) and Theophylline (THP) are combined to treat asthma, chronic bronchitis, and emphysema symptoms, and ameliorating various respiratory conditions like shortness of breath, wheezing and cough. This study intended to investigate the effects of Guaifenesin and Theophylline on the level of CK-MB and LDH enzymes using a Biochemical Analyzer and Spectrophotometer and their impact on clinical conditions. Random serum samples were collected from patients aged 40 to 45 years with varying drug doses (concentrations). The levels of CK-MB and LDH were measured according to suggested methods. The results of this study showed that an increase in the concentration of each drug and their combination led to elevated CK-MB activity. Conversely, an increase in drug concentration resulted in a decrease in LDH activity.

In conclusion, this study investigates the relationship between the concentration of Guaifenesin (GU) and Theophylline (THP) and the level of CK-MB and LDH in treated patients that were estimated by Biochemical Analyzer and Ultra violet visible Spectrophotometer.

Keywords: Biochemical analyzer, Guaifenesin, Theophylline, UV-Visible spectrophotometer

Introduction

A biochemistry analyzer is used for quantitative measurements and analyzing chemical and biological compounds in humans. Its rapid, accurate, and reproducible analysis of the quality and composition of RNA, DNA, and protein samples with exceptionally small sample quantities and many advantages over gel electrophoresis methods. The application includes determining components in different samples like metal complexes, fluid bodies, drug



analysis, and pharmaceutical analysis (1,2,3). Guaifenesin (Figure 1) and Theophylline (Figure 2) are drugs used to treat respiratory hypersensitivity reactions, such as chronic bronchitis, asthma, and emphysema. The drugs ameliorate various symptoms, such as cough, shortness of breath, and wheezing.

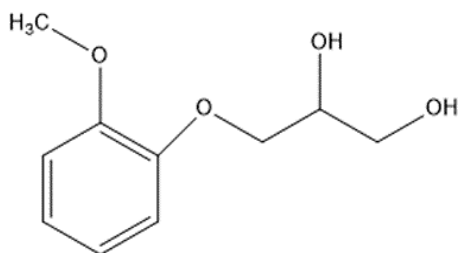


Figure .1. Chemical structure of guaifenesin drug

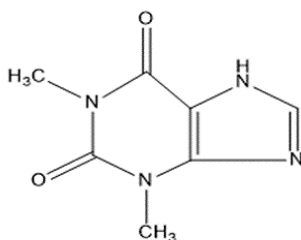


Figure .2. Chemical structure of Theophylline drug

These drugs act by widening the bronchia and increasing the flow of air in the lungs (4,5,6). A review of the literature on the effects of Guaifenesin and Theophylline on the blood level of CK-MB and LDH enzymes revealed scarce previous publications. Consequently, this work was designed to study the effect of Theophylline and Guaifenesin on the level of CK-MB and LDH in forty-year-old patients.

Materials and Methods

Sample collection

The blood samples were collected in plain test tubes (without anticoagulant) from eight people, including four healthy people and four patients treated with Theophylline and Guaifenesin medications. The blood samples were centrifuged for ten minutes at 3000 RPM to separate serum. The serum was collected and kept at -20 for further analysis.

Measurement of enzymes

1. Lactate dehydrogenase (LDH) was measured according to the method described previously by Justyna *et al.*, (2023). This method includes the following:

- Reagent A: LDH volume = 10/40/80 ml Buffer 80 mmol/L, Sodium chloride 200 mmol/L, and Sodium pyruvate 1.6 mmol/L.
 - Reagent B: LDH volume = 10/20 ml.
2. Creatine kinase-MB (CK-MB) measurement included the following:
- R1. Reagent (1 x 20ml): Buffer/Glucose/NAC. Imidazole buffer 100 mmol/L pH 6.7, glucose 20 mmol/L, NAC 20 mmol/L, magnesium acetate 10 mmol/L, NADP 2.5 mmol/L, HK 4 KU/L, EDTA 2 mmol/L.
 - R2. Reagent (1 x 5 mL): Substrate/Coenzymes. CP 30 mmol/L, AMP 5 mmol/L, ADP 2 mmol/L, di(adenosine-5') pentaphosphate 10 mol/L, G6PDH 1.5 KU/L.
- Sufficient CK-
- M human antibody to inhibit ≥ 3000 U/L of CK-MB at 37°C.

Pure standard(GU and THP) preparation

- About 0.02 g of the purified material (Theophylline and Guaifenesin) was dissolved in 10 ml and then diluted to 100 ml into 100 ml with distilled water. From 200 $\mu\text{g}\cdot\text{ml}^{-1}$, 5 concentrations of the solution (10, 30, 50, 70, 100 $\mu\text{g}\cdot\text{ml}^{-1}$) were prepared by using the low dilution (the preparation done by solubility testing).
- Pharmaceutical tablets for (GU and THP) preparation (7,8). In the same conditions method used for pure standard, the total weight of one pill of GU tablets containing 600 mg of commercial drugs was used. The average weight was calculated and dissolved. After shaking well, filtered and put into a 25 ml volumetric flask. The residue has been CAN washed, and the amount with CAN has gradually been raised to 25 ml. THP tablets containing 225 mg of the commercial pharmaceutical were weighed, and the average weight was calculated. Then, the tablets were powdered and after well-filtering, THP was dissolved in 25ml.

Apparatus

Two apparatuses were used in this research to measure the amounts and absorbance of pharmaceuticals; they included:

- 1- The Biochemistry Analyzer, company: Geno Tek Inc., Generation: V4.8.3.1, Apparatus number: S/N: AES2K1KH01212.
- 2- A UV-visible spectrophotometer used to estimate the intensity of light transmitted through a sample by comparing it to a reference measurement of the incident light source, company: Apple, Code: 302372, PD: 303: Japan.

Results

Multi concentrations of drugs (10, 30, 50, 70 and 100) ppm have been prepared and treated with different samples to measure the activity of CK-MB. The results of measuring CK-MB activity revealed increasing in the absorbance by increasing the concentration of drugs and the lowest readings are neglected (as shown in Table 1). Only

sample 1 concentrations are diluted with distilled water to read the absorbance so the final reading should multiply ($\times 2$).

Table .1. The absorbance readings for the 5 concentrations of pure material CK-MB

Sample Number	Age and Sex	Pure material concentration (PPM)	Absorbance 1 Without the serum	Absorbance 2 With the serum
1	43 yrs. Male	10	0.149	0.147
		30	0.143	0.151
		50	0.142	0.15
		70	0.127	0.138
		100	0.147	0.153
2	41 yrs. Female	10	0.459	0.564
		30	0.252	0.25
		50	0.23	0.224
		70	0.234	0.241
		100	0.493	0.543
3	40 yrs. Male	10	0.56	0.548
		30	0.236	0.227
		50	0.221	0.218
		70	0.33	0.305
		100	0.345	0.397
4	45 yrs. Male	10	0.416	0.422
		30	0.644	0.649
		50	0.076	0.095
		70	0.187	0.201
		100	0.043	0.037

The results of measuring of LDH activity revealed increasing in the absorbance with increasing of the concentration of drugs (Table.2). The lowest readings are neglected. A after finish the readings of the pure material the steps was repeated for tablet material (Guaifenesin and Theophylline) to obtain the absorbance's before and after adding reagents in the serum that contain drugs (table. 2 ,3 and 4) explaining the obtained results.

Table .2: The absorbance readings for the 5 concentrations of pure material LDH

Sample Number	Age and Sex	Pure material concentration (PPM)	Absorbance 1 Without the serum	Absorbance 2 With the serum
1	43 yrs. Male	10	0.149	0.147
		30	0.143	0.151
		50	0.142	0.15
		70	0.127	0.138
		100	0.147	0.153
2	41 yrs. Female	10	0.459	0.564
		30	0.252	0.25
		50	0.23	0.224
		70	0.234	0.241

3	40 yrs. Male	100	0.493	0.543
		10	0.56	0.548
		30	0.236	0.227
		50	0.221	0.218
		70	0.33	0.305
		100	0.345	0.397
4	45 yrs. Male	10	0.416	0.422
		30	0.644	0.649
		50	0.076	0.095
		70	0.187	0.201
		100	0.043	0.037

Table .3. The absorbance readings for the 5 concentrations of tablet material of CK-MB

Sample Number	Age and Sex	Pure material concentration (PPM)	Absorbance 1 Without serum	Absorbance 2 With serum
1	43 yrs. Male	10	0.105	0.116
		30	0.224	0.218
		50	0.2	0.201
		70	0.176	0.186
		100	0.25	0.235
2	41 yrs. Female	10	0.48	0.129
		30	0.162	0.17
		50	0.214	0.242
		70	0.224	0.264
		100	0.159	0.18
3	40 yrs. Male	10	0.167	0.171
		30	0.864	1.461
		50	0.106	0.109
		70	0.176	0.169
		100	0.124	0.143
4	45 yrs. Male	10	0.136	0.135
		30	0.123	0.122
		50	0.27	0.872
		70	0.725	0.659
		100	0.289	0.276

Table .4. The absorbance readings for the concentrations of tablet material of LDH

Sample Number	Age and Sex	Pure material concentration (PPM)	Absorbance 1 Without serum	Absorbance 2 With serum
1	43 yrs. Male	10	1.307	1.304
		30	1.494	1.487
		50	1.18	1.159
		70	1.522	1.572
		100	1.505	1.49
2.	41 yrs Female	10	1.349	1.344
		30	1.581	1.578
		50	1.48	1.445
		70	1.436	1.435
		100	0.496	0.493
3	40 yrs. Male	10	1.072	1.06
		30	1.334	1.311
		50	1.35	1.332
		70	1.39	1.377

4	45 yrs. Male	100	1.276	1.257
		10	1.344	1.332
		30	1.419	1.402
		50	1.18	1.166
		70	1.412	1.404
		100	1.262	1.256

Second analysis by Biochemistry Analyzer:

After analyzing the samples by biochemistry analyzer, the calculations done according to the following equations [11,12,13]:

$Activity = \Delta Absorbance \times 4500$ for CK-MB

$$Activation = \frac{Activity\ with\ drug}{Activity\ without\ drug} \times 100\%$$

Due to the high activity of samples 2 & 3, it has been used for the comparison of effectiveness after treatment with drugs. (Table. 5. 6) After treating sample 2 by drugs the results have been shown that when increasing the concentration, the activity of CK-MB increased as shown in (Figure .3). Theophylline and guaifenesin combination is used to treat or prevent the symptoms of asthma or to treat chronic bronchitis and emphysema. The results give good amount activated \with human blood (14) .

Table .5. Bio chemical A CK-MB results

CK-MB	Guaifenesin and Theophylline	Normal Value	20	Factor	4500
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Sample No.	Pure Drugs Concentration	Activity	% Activation	Sample No.	Tablet Concentration	Activity	% Activation
2	10	13.50	67.500	2	10	72.00	360.000
	30	40.50	202.500		30	94.50	472.500
	50	54.00	270.000		50	112.50	562.500
	70	112.50	562.500		70	126.30	631.500
	100	234.00	1170.000		100	180.42	902.100

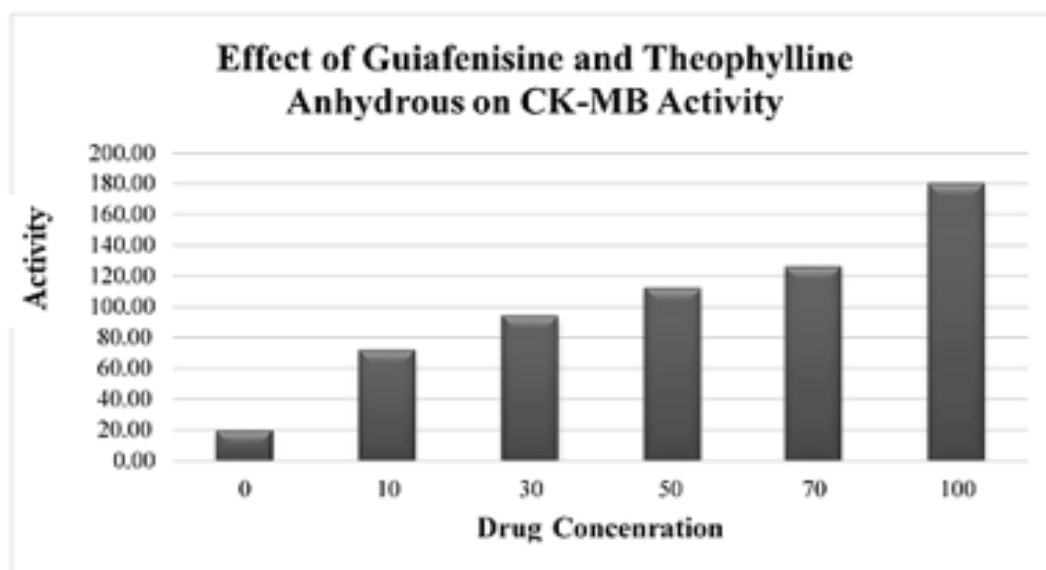


Figure 3.-Effect of Guaifenesin and Theophylline on CK-MB Activity

The results of this study also revealed a relation between the increasing of drug concentration and the decreasing in LDH level in sample 3 as shown in (Figure 4. Table .6.)

Chemistry Analyzer LDH results

$$\text{activity} = \Delta \text{Absorbance} \times 8095 \quad \text{for LDH}$$

$$\text{activation} = \frac{\text{activity with drug}}{\text{activity without drug}} \times 100\%$$

Table .6. Bio chemical LDH results

LDH		Guiafenisine and Theophylline		NormalValue	633	Factor	8095
Sample No.	Pure Drugs Concentration	Activity	% Inhibition	Sample No.	Tablet Concentration	Activity	% Inhibition
3	10	250.54	60.420	3	10	250.54	60.420
	30	145.71	76.981		30	145.71	76.981
	50	137.62	78.260		50	137.62	78.260
	70	80.95	87.212		70	80.95	87.212
	100	16.19	97.442		100	16.19	97.442

Figure (4) explain the results of effected two drugs with LDH activated ,show plots the distribution of a numeric variable's values as a series of concentrations of drugs covers a range of numeric values data points with a value within the corresponding to LDH.

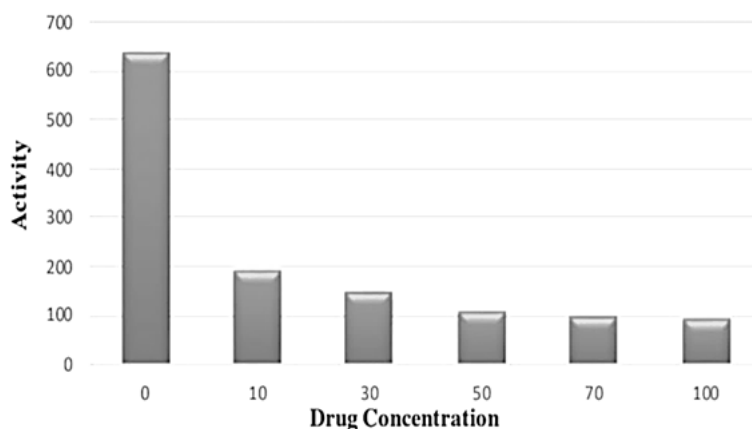


Figure .4. Effect of Guaifenesin and Theophylline on LDH Activity

The current study showed some limits. In this study, the 4th decade age groups in both genders have good oral health and gingival condition represented by low mean GI as illustrated clinically as decrease in redness, swelling, ulceration and bleeding from gingival tissue when examined and detected clinically this results were better seen in patients under Theophylline this may be attributed to an improvement in maximum oxygen consumption which will have a positive outcomes on the cell metabolism and renewal and hence defensive mechanism (16-20).

Discussion

Biochemical analyzer and UV-V is Spectrophotometric methods were developed for Guaifenesin and Theophylline which can be conveniently employed for routine analysis in pharmaceutical dosage forms and will eliminate unnecessary uninteresting sample preparations (21,22). The analysis conditions were optimized in order to provide a good performance of the assay and revealed same effect for Guaifenesin and Theophylline on blood samples in the treated body. The developed method was suitable, and very sensitive (23,24).

The results of this study also showed directly proportional between the concentration of the drug and the activity of enzyme CK-MB in sample 2 that collected from 41 years old female patient. Additionally, the increasing of the drug concentration lead to increasing in their activities of both pure and tablet drug and cause activation to CK-MB enzyme in the blood, which led to decreasing of the oral and gingival inflammation. However, inversely proportional were observed between the concentration of the drug and the activity of LDH enzyme in sample collected from patient 3 (40 years old male). These results were displaying a decreased in the activity of the drug with increasing of drug concentration in both form of the drug the pure and the tablet leading to inhibition of blood LDH enzyme. In conclusion, this study approved that the applied analytical

methods used in this study are useful for determination and estimation of these two drugs in blood of patients.

DECLARATIONS

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The author stated that this work received no funding.

Competing interests' statement

The author declare that they have no conflict of interest upon publication of this article from the third party.

Ethics statement

I declare that the details in this application are the product of my own work and accurately reflect my research proposal. I have consulted an authoritative set of educational research ethics guidelines during the process of preparing this application. I understand that any substantive changes to the proposed research design may result in the requirement to submit another application for ethical approval to Ethical committee.

Author contributions

The author provided the concepts, data analysis, and writing of the manuscript; worked with data collection and analysis; and revised the manuscript and analyzed the data.

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